

COMMUNITY PROJECT FOR AFRICA.

FROM SILENCE TO SUPPORT....

In 2016 we introduced our dignity packs to a few ladies from Africa. They came over to be part of our church's Women's Conference.

We showed them one of our packs that is fully washable and will last a girl up to 5 years and explained how it will allow their girls to no longer sit in their rooms.

Many girls have poor menstrual hygiene and use mud and leaves as supplies are too expensive. This often results in Infection and often early death.

Period talk is taboo in their homes and schools. Blood is considered shameful and disrespectful if seen even in the home. They do not know why they bleed.

They are desperate to stay at school because Education is the ticket out of poverty.

Girls miss up to a whole term due to Period Poverty. This has most falling out of school very early.

The response is something I will never forget.

They hugged me so tight and said,

"Thank-you for thinking of such a need for our girls."

"*Thank-you* for teaching us we can talk to them."

FAST FORWARD TO TODAY

We have managed to give each girl one of our Dignity Packs as she has left Primary School and headed off to High School.

She has also been educated about her body and the amazing cycle of her period by the staff.

They also educate her about the dangers of Sex trafficking .

It is reported the girls are now receiving EQUAL education. "Our girls are clean and comfortable and confident. They are attending school and dreaming BIG.

Ellie Broadbent pictured was able to deliver last year's packs and saw how big the need is.

Our aim at One Hope church community is to continue to gift the girls a pack and help to eliminate the shocking conditions these girls have.

Let me give you one very sad case of a girl in High school. "It was a day school" meaning she was commuting from home everyday. In Kawangwaree most high schools board the girls as they cant travel the distance to school. This girl loved school and was very smart. She was coming from a poor background, during her period she would ask a motorcycle rider "a mode of transport for money to buy pads in return for sexual favours. Unfortunately he ended up impregnating her and infecting her with Venereal disease.

Another case is where girls go to High school. They are provided with a mattress. Sadly they are soon sleeping on the floor as they cut holes in their mattress to use as pads desperate to attend school.

Since we began over 400 students have received our packs in Kawangwaree school.

A PACK COSTS AROUND \$15.00 AND TAKES A TEAM EFFORT TO COMPLETE.

We are beginning the process of making packs now for our next delivery.

Just owning a pair of undies (many don't have them) makes her less likely to be raped. Undies are a sign of wealth and this can deter an abuser for fear that the family may find him and deal with him.

Some Girls also hide the fact they are menstruating as to avoid the family marrying them off.

Can you do something to help change a Girl's life?

We are looking for SMALL deposits of help.

Our aim is to have 200 Black undies. Each pack has 2 pairs. Size 8 Size 10 Size 12.

Please speak or txt Ruth Chesson 0402302634